

# Counseling Informed Consent

## Introduction

Incline High School is committed to providing quality education to all its students. In an effort to achieve this goal, parents/guardians or school staff may refer students for counseling, or students may request counseling. The focus of the counseling program is to help students mentally and emotionally, in order to enable them to succeed in all areas of life.

## Background

Incline High School's counselors are Ms. Jango-Cohen and Dr. Rían. Ms. Jango-Cohen has a bachelor's degree in psychology from UMass Amherst and a master's degree in school counseling from UMass Boston. Dr. Rían has a bachelor's degree in psychology and holistic health from Georgian Court University, a master's degree in clinical mental health counseling from Monmouth University, and a doctoral degree in counseling and educational psychology from the University of Nevada, Reno. Additionally, Dr. Rían is a licensed Clinical Professional Counselor Intern working toward professional state licensure. Both school counselors are highly qualified and competent professionals, ready and able to assist your student and family.

## Provision of Services

Services include intake assessment, individual and group counseling, crisis intervention, and referrals as needed. It is ultimately the parent/guardian's responsibility to determine whether additional or different services are necessary and whether to seek them for your child.

## Confidentiality

The information discussed during counseling sessions will not be shared with anyone, except in situations required by law. Although information shared during counseling sessions is confidential, parents/guardians have a right to be informed of their child's general progress.

The exceptions to confidentiality are outlined below:

1. If the counselor believes a student is in danger of harming themselves or others
2. If the counselor believes a student is a victim of abuse, including previously unreported cases
  - a. All school employees are mandated reporters
3. If counseling records are demanded by a judge through a court order and a subpoena
  - a. Every effort will be made to contact you (parent/guardian) first and to work with you in any case. Some situations may additionally require working with law enforcement.

If you have any questions about this form, the counseling relationship, or your child's progress, please contact the school counselor at (775) 832-4260.

***I have read the above information and hereby give my consent for my child to participate in counseling services and agree to abide by the guidelines of confidentiality. I also understand that I may revoke my consent at any time.***

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**Student Name (Print)**

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**Parent Signature**

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**Parent Email**

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**Date**

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**Parent Phone**